

Annexure

INTERVIEW SCHEDULE FOR QUANTITATIVE ANALYSIS

Sl. No	District Name	Code
1	Bongaigaon	1
2	Cachar	2
3	Darrang	3
4	Dibrugarh	4
5	Golaghat	5
6	Jorhat	6
7	Kamrup	7
8	Sonitpur	8
9	Tinsukia	9

District Code	Schedule Serial No.

1	Date of Survey	
2	Name of Field Assistant	
3	Name of the Respondent	
4	Address of Respondent	
5	Block	
6	Gaon Panchayat	
7	Village	

VILLAGE PROFILE

Date of visit
.....

**Name of the
Village**.....

GENERAL INFORMATION

1. **Name of the District**.....
2. **Name of the Sub-division**
3. **Name of the Circle**
4. **Name of the Block**
5. **Name of Panchayat**.....
6. **Name of the Village Head man/ woman**
7. **Village Boundary:**
 1. **East**.....
 2. **West**
 3. **North**
 4. **South**.....
8. **Distance from hub centre**.....
9. **Population of the Village**
1. **Male**.....
 2. **Female**.....
10. **Number of Households**
11. **Number of Panchayat members**
 1. **Male**.....
 2. **Female**.....

- 12. Police Outpost/Station.....
- 13. Post Office
- 14. Major Occupation of the Natives
- 15. Major Market Places

EDUCATION FACILITIES IN THE VILLAGE

- 16. Number of Anganwadi Schools.....
- 17. Number of Anganwadi workers (total no.)
- 18. Number of Primary Schools.....
- 19. Number of Secondary Schools
- 20. Number of Teachers

 - 1. Male.....
 - 2. Female.....

- 21. Number of Students

 - 1. Male.....
 - 2. Female.....

HEALTH FACILITIES IN THE VILLAGE

- 22. Number of Primary Health Centres.....
- 23. Number of Dispensaries
- 24. Number of Community Health Cells.....
- 25. Number of Asha Workers.....
- 26. Number of Village Health Nutrition Day Centre (VHNDs)
.....
- 27. Common Health Problems.....
- 28. Cases of Mental Illness (if any)
- 29. NGOs Working on Women/Health (if any)

SOCIO-CULTURAL INSTITUTIONS

30. Religious Institutions

- 1. Number of Temples.....**
- 2. Number of Mosques.....**
- 3. Number of Namghars.....**
- 4. Number of Church.....**
- 5. Others.....**

SOCIO-CULTURAL GROUPS

- 31. Number of Religious Groups.....**
- 32. Number of Caste Groups.....**
- 33. Number of Linguistic Groups.....**

I

CAUSES OF MENTAL DISORDER

(Administered to 830 respondents)

Q.1a. What according to you are the causes of mental disorders in women?

- 1. Genetic**
- 2. Mental stress**
- 3. Over work**
- 4. Non-compliance with social norms**
- 5. Sexual exploitation**
- 6. Physical illness**
- 7. Curse**

1b. Do you think the reasons are different from those of men?

- 1. Yes**
- 2. No**

II

RELIGION AND MENTAL HEALTH

(Administered to 830 respondents)

Q.1. What is the impact of religion on people's lives? (as many as)

- 1. Regulates social life**
- 2. Ensures moral conduct and ethical behaviour**
- 3. Preserves social norms**
- 4. Blinds people from rational thinking**
- 5. Accords unequal status**
- 6. Cause of social disruption**
- 7. Imposes illogical/ unjustified restrictions**

Q.2a. What is the standard/ place of women in your religion?

- 1. Very High**
- 2. High**

- 3. Low
- 4. Very low
- 5. Equal as men

2b. Is it appropriate according to you?

- 1. Yes
- 2. No

Q.3. In your religion are women restricted from participating in the following?

1. Attending prayers in religious institutions
(Temple/Mosque/Church/Namghar etc.)

- 1. Yes
- 2. No

2. Performing funeral rites

- 1. Yes
- 2. No

3. Participation of widows in auspicious occasions

- 1. Yes
- 2. No

4. Active role in religious rituals/ activities

- 1. Yes
- 2. No

Q.4. What is the degree of participation of women/men in religious rituals/ rites performed?

(active participation (Code 1)/ nominal participation (Code 2)/ ancillary participation (Code 3)/ exclusion from participation (Code 4))

	Marriage rituals	Birth rituals	Death rituals	Purification rituals	Puberty rituals	Other Auspicious rituals
Men						
Women						

Q.5. In case there is no male child in a family, is the female child allowed to perform funeral rites?

1. Yes
2. No

Q.6. Are there any rituals in your religion which are exclusively meant for women?

1. Yes
2. No
3. Which are the ones
.....

Q.7. Are any of the below mentioned practices followed in your community?

(widely practiced (Code 1), sometimes practiced (Code 2), rarely practiced (Code 3), never practiced (Code 4))

Practices	Men	Women
Occult practices		
Traditional healing		
Exorcism		
Any other		
None		

Q.8. What are the measures taken in your community to control or curb such practices if followed? (as many as)

1. Regulation by village council/ religious institutions
2. Complaint lodged with police
3. Ostracization
4. Persecution
5. Others (specify)

Q.9. Has there been any instance of witch-craft or any such practices among women in your community?

- 1. Yes**
- No**

Q.10. Is the culture of traditional healing prevalent in your community?

- 1. Yes**
- 2. No**

Q.11. Are there practices in your religion that can claim to heal mental disorders?

- 1. Yes**
- 2. No**

III

MARRIAGE AND MENTAL HEALTH

(Administered to 52 married women with some form of mental disorder)

Q.1. Experiences in natal v/s in-law's house

	MARITAL HOUSE	NATAL HOUSE
Do/Did you experience freedom in...		
Do/Did you experience respect, love and care in...		
Do/Did you enjoy decision making power in...		
Are/were you burdened with domestic work in ...		
What is/was your working status in ...		
Do/Did you enjoy good status in...		

IV
ECONOMIC DEPRIVATION AND MENTAL HEALTH
(Administered to 830 respondents)

Q.1. Who are the earning members of the household (as many as)?

- 1. Father**
- 2. Mother**
- 3. Husband**
- 4. Wife**
- 5. Both husband and wife**
- 6. Others (Specify)**

Q.2. What is the total income (per month) of the household?

- 1. Up to 1000**
- 2. Between 1001 to 5000**
- 3. Between 5001 to 9000**
- 4. Between 9001 to 13000**
- 5. Between 13001 to 25000**
- 6. 25000 and above**

Q.3. What are the difficulties you experiences while running the household within the limited monthly income?

- 1. Difficulty in providing at least two square meals for the family.**
- 2. Difficulty in providing education for the children.**
- 3. Difficulty in covering health related expenses.**
- 4. All of the above**

Q.4. How is the expenditure of the house prioritized? (Prioritize in terms of number)

- 1. Food**
- 2. Education**
- 3. Clothing**
- 4. House maintenance/ construction,**
- 5. Medical facilities**
- 6. Occupational investment**
- 7. Amenities (mobile, cable charge, fuel etc., asset development like bike, car, cattle etc., savings)**

Q.5. Do your personal needs gain priority?

- 1. Yes**
- 2. No**

If yes, how does that make you feel?

- 1. General sense of satisfaction*
- 2. Acknowledgement as an important entity in family*
- 3. Sense of being loved and cared for*
- 4. Unnecessary as my priorities are not important*
- 5. A burden on the household income*

If no, how does that make you feel?

- 1. Neglected and unimportant*
- 2. Personal needs not acknowledged or recognized*
- 3. Liability for family members*
- 4. Dejected and depressed*
- 5. No issues/ problem as I value other members' needs over mine*

Q.6. Do you face anxiety managing your household expenses?

1. Yes
2. No
3. At times

Q.7. Do you feel guilty in not being able to provide for the needs of your family?

1. Yes
2. No
3. At times

(Questions specifically for unemployed women)

Q.8. Does economic dependence frustrate you?

1. Yes
2. No
3. At times

Q.9. Do you feel that if you had worked, your family would have been more solvent?

1. Yes
2. No
3. At times

Q.10. Do you feel that your husband and children would have respected you more if you were working and earning money for the family?

1. Yes
2. No
3. At times

(Questions Specifically for Working Women)

Q.11. Does managing work and household cause distress?

1. Yes
2. No

Q.12. Tell us something about the nature of your work.

1. Agriculture and Allied
2. Daily wage earner
3. Salaried Service(regular)
4. Salaried but casual
5. Unemployed
6. Others (Specify)

Q.13. Are you happy/ satisfied by the work that you do?

1. Yes
2. No
3. Can't say

Q.14. Do you get adequate respect in the workplace?

1. Yes
2. No

Q.15. Do you feel guilty that because of you being a working woman your husband and children are neglected?

1. Yes
2. No
3. At times

Q.16. What physical health hazards are you exposed to in your workplace?

- 1. Pollution**
- 2. Unhygienic working condition**
- 3. Overloaded work burden**
- 4. Others (specify)**
- 5. None**

Q.17. Do you have a say in the manner in which your income is utilized in your house?

- 1. Yes**
- 2. No**

(Research Questions Specifically for Women Headed Households)

Q.18. What has led to you being head of the family/ household?

- 1. Husband's death**
- 2. Alcoholic husband**
- 3. Absence of male member (brother/ father)**
- 4. Unmarried status**
- 5. Any other reason (specify)**

Q.19. How do you feel about you being the head of the household?

- 1. Empowered**
- 2. Insecure**
- 3. Burdened**
- 4. Others**

Q.20. What difficulties do you face as the head of the family

1. Economic crisis
3. Social discrimination
4. Security issues
5. Any other (please specify)

Q.21. What property/ assets have your husband left for you (in case of widow) /what have you inherited (from parents)?

1. House
2. Land
3. Cash
4. Insurance policies etc.
5. Any other asset

Q.22. Have you been able to maintain/ retain what you have acquired or inherited?

1. Yes
2. No

Q.23. What difficulties do you face in maintaining/ retaining the property?

1. Distress selling owing to poverty
2. Threats from relatives
3. Other forms of threat

**(Research Questions Specifically for Women (114 married and unmarried) with
Mental Disorders)**

Q.24. What is your education level?

- 1. Never been to school**
- 2. Under-matriculation**
- 3. Secondary**
- 4. Higher secondary**
- 5. Others**

Q.25. How important is money in your life?

- 1. Very important**
- 2. Not very important**
- 3. Not important at all**

Q.26. What problems did you face because of your economic conditions?

- 1. Incomplete/ no education**
- 2. Early marriage**
- 3. Strenuous jobs**
- 4. Health issues**
- 5. Social discrimination/ exploitation**
- 6. Others**

Q.27. What is your opinion towards poverty and its consequences?

- 1. Disturbs mental health**
- 2. Low social status**

3. **Disrupts family well-being**
4. **Unfulfilled aspirations/ dreams/ desires etc.**
5. **Exposure to social threats and other risks**
6. **Others**

V

STIGMA AND MENTAL HEALTH

(Administered to 830 respondents)

Q.1. How does stigma affect the life prospects of women suffering from mental disorders (and that of their family members)?

	Social isolation	Prospect of marriage	Low social status	Participation in social activities	Employment prospects
	Yes (Code 1) No (Code 2)	No prospect (Code 1) Limited/Reduced prospect (Code 2) No change in prospect (Code 3)	Yes (Code 1) No (Code 2) Same as before (Code 3)	No participation (Code 1) Reduced/ Limited (Code 2) Same as before (Code 3)	No prospect (Code 1) Reduced/ Limited (Code 2) Same as before (Code 3)
Women with mental disorders					
Their family members					