## List of abbreviations

AOAC association of Official Analytical

Chemists

BSA body surface area

db dry basis

DPPH 2, 2-diphenyl-1-picrylhydrazyl

FRAP ferric reducing antioxidant potential

GAC glucose adsorption capacity
GDRI glucose diffusion rate index

GLUC glucose

GCMS Gas chromatography and mass

spectrometry

HED Human Equivalent dose

HDL high-density lipoprotein

LDL low-density lipoprotein

MCC metal chelating capacity

rpm rotations per minute

RP-HPLC Reverse phase high performance

liquid chromatography

SEM scanning electron microscope

SIF simulated intestinal fluid SGF simulated gastric fluid

SGPT serum glutamic pyruvic

transaminase

SGOT serum glutamic oxaloacetic

transaminase

TGL triglycerides

TFC total flavonoid content
TP<sub>j</sub>A texture profile analysis
TPC total phenolic content

wb Weight basis