## **CONTENTS**

Contents		Page No.
Abstract		i-iii
Declaration		
Certificate o	f Supervisor	
Certificate o	f the external examiner and ODEC	
Acknowledg	gement	
Contents		
List of Table	es	
List of Figur	res	
List of Abbr	reviations	
Chapter 1	Introduction	1-11
1.1	Background	1
1.2	Lung cancer treatment and treatment choices	2
1.3	The challenges and current limitations	4
1.4	Medicinal Plants	5
1.5	Plants in cancer chemoprevention	6
1.6	Review of selected plants	8
1.7	Motivation for the present study	10
1.8	Scope of the present study	10
1.9	Objectives of the present study	11
Chapter 2	Review of Literature	12-37
2.1	Overview of lung cancer	13
2.2	Risk factors of lung cancer	17
2.3	Modern treatment of lung cancer	20

2.4	Medicinal plants for treating cancer	24
2.5	Anticancer medicinal plants of Indian origin	31
2.6	Anticancer medicinal plants of foreign origin	34
2.7	Phytochemicals: treatment of lung cancer	35
Chapter 3	Methodology	38-54
3.1	Selection and collection of plant	38
3.2	Chemicals and reagents	40
3.2.1	Plant extract preparation	41
3.3	Spectroscopic techniques	42
3.3.1	High Resolution Liquid Chromatography Mass Spectroscopy	42
3.4	in vitro cell culture studies	42
3.4.1	Basic cell culture	42
3.4.2	Cell viability analysis by MTT	45
3.4.3	Cell counting by trypan blue exclusion method	45
3.4.4	Apoptosis assay	45
3.4.5	Reactive oxygen species analysis	46
3.4.6	Mitochondrial membrane potential analysis	46
3.4.7	Autophagy analysis	47
3.4.8	Cell migration assay	47
3.4.9	Clonogenic assay	47
3.4.10	Cell cycle analysis	48
3.4.11	Oil red O staining	49
3.5	Toxicity in Balb/C mouse model	49
3.6	Pilot study in athymic nude mouse model	50
3.7	Selection and housing conditions of animals	53
3.8	Methods of disposal post-experimentation	53

Chapter 4	Results and discussion	55-122
Part A- Evaluation of anti-proliferative and pro-apoptotic efficacy of phenolic fraction of Etlingera linguiformis		
4.1	Cytotoxicity Assay against Human RBCs and PBMCs	55
4.2	Cytotoxicity effect of CAN free phenolic and CAN bound phenolic on human Lung cancer cell lines	57
4.3	CAN free phenolic and CAN bound phenolic induced apoptosis in lung cancer cell lines detection by AO/EtBr double staining and validation by flowcytometry using Annexin V-FITC and PI	62
4.4	CAN free phenolic and CAN bound phenolic induced autophagy and lipid accumulation in lung cancer cell lines detection by fluorescence microscopy, flowcytometry and Oil Red O staining	67
4.5	Effect of CAN free phenolic and CAN bound phenolic in intracellular ROS and MMP generation detected by flow cytometry	70
4.6	Cell cycle analysis in lung cancer cell lines using CAN free phenolic and CAN bound phenolics	73
4.7	Effect of CAN free phenolic and CAN bound phenolic in cell proliferation of lung cancer cell lines using CFSE labeled flowcytometry	76
4.8	The effect of CAN free phenolic and CAN bound phenolic fractions in clonogenic and cell migration ability in lung cancer cell lines	79
4.9	OHRLCMS chromatogram results for CAN free phenolic compound	82
4.10	Toxicity of CAN free phenolics in Balb/C mice.	84
4.11	Effect of CAN free phenolics against A549 induced cancer in athymic nude mice.	86
Part B- Eval Smilex ovali	uation of anti-proliferative and pro-apoptotic efficacy of phenolic fraction of folia.	
4.12	Cytotoxicity Assay against Human RBCs and PBMCs	88
4.13	Cytotoxicity effect of LEX free phenolic and LEX bound phenolic on human Lung cancer cell lines	90
4.14	LEX free phenolic and LEX bound phenolic induced apoptosis in lung cancer cell lines detection by AO/EtBr double staining and validation by flowcytometry using Annexin V-FITC and PI	95
4.15	LEX free phenolic and LEX bound phenolic induced autophagy and lipid accumulation in lung cancer cell lines detection by fluorescence microscopy,	100

Chapter 5	Summary and Conclusion	123
4.22	Effect of LEX free phenolics against A549 induced cancer in athymic nude mice	119
4.21	Toxicity of LEX free phenolics in Balb/C mice.	117
4.20	OHRLCMS chromatogram results for LEX free phenolic compound	115
4.19	The effect of Lex free phenolic and LEX bound phenolic fractions in clonogenic and cell migration ability in lung cancer cell lines	112
4.18	Effect of Lex Free Phenolic and Bound Phenolic in cell proliferation of lung cancer cell lines using CFSE labeled flowcytometry	109
4.17	Cell cycle analysis in lung cancer cell lines using LEX free phenolic and LEX bound phenolic	106
4.16	Effect of LEX free phenolic and LEX bound phenolic in intracellular ROS and MMP generation detected by flow cytometry	103
	flowcytometry and Oil Red O staining	

## List of publications

Annexure